

# EXAMINATION PREPARATION TOP TEN TIPS



1. **DRINK PLENTY OF WATER** - it is important to keep yourself hydrated - a healthy body is a healthy mind!

2. **TAKE SHORT STUDY BREAKS** - as part of your timetable you must give yourself time to breath/relax/give your brain a rest!

3. **CHANGE LOCATION** - a change of scenery can help re-motivate and reactivate the brain making revision more effective



4. **TEST YOURSELF** - or work with parents and friends and get them to test you on key terms, facts and figure that you need to remember off by heart



5. **REWARD YOURSELF** - give yourself something to look forward to at the end of each revision session - this should motivate you to continue working

6. **USE GUIDES, NOTES AND CARDS** - you need information to improve your knowledge and understanding - don't expect to find it from thin air!

7. **ENGAGE YOUR BRAIN** - write things down, create mind maps or make your own revision cards or PowerPoint's, this will focus your thoughts and help the information to go in and stay in!

8. **USE ICT** - online revision tools such as SAM learning and BBC bite size add variety to your revision time - variety will help you to remain focused



9. **USE EXAM PAPERS AND MODEL ANSWERS** - this will help you to become familiar with the type of questions you will be asked - exam technique is a very important part of exam success



10. **LEAVE NO STONE UNTURNED** - if you don't know it then check it straight away - find the answer in your notes or ask your teacher to explain it to you